

# Whidbey Island Pony Club



would like to invite trainers, instructors and especially amateurs who want to feel more confident in their riding to:

## Daniel Stewart Olympic and International Coach



Join us for an upbeat, empowering, fun and motivation mental coaching webinar on Zoom

**Bolder, Braver and Brighter!**

**NOVEMBER 3rd; 6:00 pm (PDT)**

**To sign up: <https://form.jotform.com/212544345545152>**

Cost is \$25.00 - pay on paypal or check

*Please contact Patrick Eaton at [patricke481@gmail.com](mailto:patricke481@gmail.com) or 360-720-7270 if you have any questions.*

This is the perfect webinar for anyone wanting to feel more confident and courageous instead of disappointed and defeated; for anyone who gets a bit nervous, experiences show jitters, struggles with fears, failure or frustrations...or anyone who wants to be put a little more happy in their happy place!

### **About Coach Daniel Stewart**

Daniel Stewart has been a successful international trainer and instructor for over 25 years. From 1999 to 2007, he coached riders on several US Equestrian Teams in Dressage and Show Jumping at Olympics and World Championships, Daniel has also shared his training internationally, including England, Canada, Mexico, and several more contries in Europe, West Indies and Mideast.

As the internationally acclaimed author of the equestrian sport psychology book "Pressure Proof Your Riding", rider fitness book "Ride Right", and soon-to-be-released "Focus and Fitness in 52", Daniel is widely considered one of the worlds leading experts on equestrian sport psychology, athletics and performance.

